



NATIONAL TEAM HANDBOOK 2022

January 1, 2022

TABLE OF CONTENTS

Introduction	4
Policy 1 - High Performance Committee.....	5
Policy 2 - Definition of a “Win”	5
Policy 3 - Classification of International Events	6
Policy 4 - Classification of Domestic Events.....	7
Policy 5 - Determination of National Team Standards	7
Policy 6 - Determination of National Team Points.....	8
Policy 7 - National Team Point Ranking	9
Policy 8 - Minimum Performance Standards	9
Policy 9 - Participation and Funding in International Events	11
Policy 10 - Selection Notice.....	13
Policy 11 - Failure to Make Weight.....	14
Policy 12 - Exemption Request Procedure	14
Policy 13 - Fight-Off Procedure	14
Policy 14 - Elite Nationals Selection Policy.....	15
Policy 15 - Major Event Team Selection Policies	16
15.1 2022 Senior Pan-American Championships - April 15-16, Lima (Peru).....	16
15.2 2022 Commonwealth Games – August 1-3, Birmingham (GBR).....	17
15.3 2022 Senior World Championships - August 7-13, Tashkent (UZB).....	19
15.4 2022 Cadet (U18) World Championships - August 24-27, Sarajevo (BIH).....	20
15.5 2022 Francophonie Games – August 20-22, Kinshasa (COD).....	21
15.6 2022 Junior (U21) World Championships – October 5-9, TBC	23
Policy 16 – 2023 Athlete Assistance Program.....	25
Policy 17 - Carding Contract.....	30
Policy 18 - Grant recommendation.....	36
Policy 19 – Athletes Committee Terms of Reference	36
Policy 20 - Performances Bonus	38
Policy 21 - Travel expenses reimbursement	38
Policy 22 - Uniform.....	39
Policy 23 - Athlete Sponsorship	39
Policy 24 - Athletes requesting change of nationality	39

CONTACT PERSONS

President

Mike Tamura: president@judocanada.org

High Performance Committee Chair

Louis Jani: louisjani@hotmail.com

CEO/High Performance Director

Nicolas Gill: n.gill@judocanada.org

High Performance Manager

Marie-Hélène Chisholm: mh.chisholm@judocanada.org

Athletes' Committee Chair

Antoine Valois-Fortier: a.valoisfortier@gmail.com

Coaches' Representative

Hiroshi Nakamura: nakamurah@sympatico.ca

Independent third-party Case Manager

Lise Maclean: lise@wiserworkplaces.ca

INTRODUCTION

Purpose

The purpose of the National Team Handbook is to keep athletes and coaches informed about Judo Canada's High Performance policies. It is the responsibility of athletes and coaches to read and understand the material in this handbook. If you are unclear on a certain policy, please contact the High Performance Director for further explanation (see Contact Persons on page 3).

Limitations

Certain policies may be changed from time to time. A policy change is considered effective upon its date of publication by Judo Canada, unless otherwise noted in the change notice. A change is deemed to be published on the date that the notice of change is emailed to the provincial associations. Policy changes will also be posted on Judo Canada's website and we encourage you to visit it regularly.

Feedback

If you have specific recommendations with respect to policies contained within this manual, please direct them in writing to High Performance Director. Written feedback is the only way to ensure full circulation of your ideas.

Athletes covered by the Handbook

Policies specified in this Handbook apply to all judokas identified as members of the National Team and other judokas selected by Judo Canada, as well as to all Canadian athletes who participate in events identified in this publication.

The High-Performance Committee of Judo Canada essentially deals with and is responsible for carded athletes, junior (U21) world team members, cadet (U18) world team members, senior world team members and Olympic and Paralympic team members.

International Competition Access

Judo Canada does not have the resources to send athletes to all the international events that Canada may be invited to. A list of events that are "open" to the provinces will be published on Judo Canada's website, along with the selection criteria or standards and application deadlines. It is the responsibility of provincial associations to apply for selection to such events on behalf of its provincial athletes by the indicated deadlines.

Athletes' Contact Information

To ensure that they receive National Team correspondence, athletes are responsible for providing Judo Canada with their email address and phone numbers. Keep Judo Canada's National Office updated on any changes to your contact information.

POLICY 1 - HIGH PERFORMANCE COMMITTEE

The High-Performance Committee's mission is to:

- Provide advice and recommendations to the High-Performance Director in matters pertaining to Judo Canada's High-Performance system and programs.
- Ensure that High Performance programs are implemented according to policies.

The High-Performance Committee is the authoritative body for the drafting and interpretation of policies in this handbook and may assign duties and responsibilities, as needed, to ensure the day-to-day work of the Committee has implemented.

National team issues that are not covered by this handbook may arise from time to time. In such case, the High-Performance Committee will be the authoritative body that will bring recommendations forward to the Board of Judo Canada before a final decision is rendered.

From time to time, the HP Committee may make exceptions to certain policies if they judge that it is required for the benefit of the organization. Such exceptions must not exhibit prejudice toward any athlete.

POLICY 2 - DEFINITION OF A "WIN"

The National Team Handbook definition of a win for team selection, international rankings, and carding, is as follows:

"A win is an advancement in the draw sheet, only because of the bout being initiated (both competitors must make contact under fighting conditions)."

This means, for example, that "fusen-gachi" or a "bye" would not be considered as a win.

POLICY 3 - CLASSIFICATION OF INTERNATIONAL EVENTS

To ensure that international competitions provide a beneficial and valuable developmental opportunity, all athletes must demonstrate their readiness to compete at each international level by meeting minimum performance standards (see policy 8). The grid below establishes tournament categories with the points and standards given by each performance in each category.

International Tournaments Ranking Grid

Level	Tournament	Gold	Silver/ bronze	5 th	7 th	3 or 4 wins not ranked	2 wins not ranked
A	World Championships & Olympic Games	300	240	180	120	90	60
		A	A	A	A	B	C
B	<u>IJF Masters & Grand Slams</u>	240	180	120	90	60	40
		A	A	A	B	C	D
C	<u>IJF Grand Prix</u>	180	120	90	60	40	30
		A	A	B	C	D	E
D	EJU Continental Opens: January-February-March, U21 World Championships	120	90	60	40	30	20
		A	B	C	D	E	F
E	Other EJU Continental Opens, Pan-Am Championships/ Games, U18 World Championships, Youth Olympic Games, Belgium Open (M & F); FISU Games	90	60	40	30	20	15
		B	C	D	E	F	G
F	Other Continental Opens (PJC, AJU, JUA, OJU); EJU Senior Cups, Francophone Games, Commonwealth Games, Pan-Am Festival	60	40	30	20	15	10
		C	D	E	F	G	
G	EJU Jr. Cups, Bremen/Thüringen Jr., Commonwealth Championships Sr, Swiss Open; Senior PJC PanAm Cup	40	30	20	15	10	
		D	E	F	G		
H	EJU U18 Cups, Bremen/Thüringen U18, Panam U21, Aix-en-Provence U21	30	20	15	10		
		E	F	G			

1. Unless specified otherwise, all those events are for Senior age group.
2. The classification of international tournaments is determined by the High-Performance Committee on an annual basis.
3. The High-Performance Committee may add or reclassify a tournament during the year by giving six (6) weeks' notice prior to the event.
4. Only the international tournaments listed in Policy 3 are considered for standards and points.

- For G & H tournaments, the participation of provincial coaches is mandatory for any province sending five (5) or more athletes.

POLICY 4 - CLASSIFICATION OF DOMESTIC EVENTS

Domestic Tournaments Ranking Grid

Level	Tournaments 2022	Gold	Silver	Bronze	Top 6
1	Senior Elite Nationals	50 D	35 E	25 F	15 G
2	Senior Open Nationals	35 E	25 F	15 G	10 H
3	Senior Quebec Open Senior Ontario Open	25 E	15 F	10 G	7 H
4	U21 Open Nationals Senior Edmonton International Senior Pacific International	15 F	10 G	7 H	
5	Senior Saskatchewan Open Senior Eastern Canadian Championships Senior Manitoba Open U21 Quebec Open U21 Ontario Open	10 G	7 H		
6	U18 Elite Nationals	7 H			

Rules applied for all domestic events:

- An athlete must have at least two wins to receive points and standard.
- Points and standards earned in domestic events are valid for one year only.

POLICY 5 - DETERMINATION OF NATIONAL TEAM STANDARDS

General

- National Team standards will be awarded according to performance, as indicated in the tournament ranking grids within Policies 3 and 4.

- Standards determine the eligibility of athletes to international tournament, however, are not used for selections unless specified otherwise in event specific selection policies.
- When achieved in an International tournament, a standard is valid for a period of 24 months from the date it was achieved (i.e., not by accumulation – see point 10 below).
- When achieved in a Domestic tournament, a standard is valid for a period of 12 months from the date it was achieved.

Specific Cases

- A Top 8 ranking in an International tournament (Policy 3) with two wins warrants one standard below the one indicated on the grid.
- A Top 8 ranking in an International tournament (Policy 3) with one win warrants two standards below the one indicated on the grid.
- A Top 8 ranking in an International tournament (Policy 3) in a weight class with five to seven contestants warrants one standard below the one indicated on the grid.
- In an international tournament (Policy 3), no standard will be given if there are fewer than five competitors or fewer than three countries in a weight class.
- Results achieved in non-Olympic -44kg (Female), -55kg (Male), open weight, and team tournaments do not count towards achieving standards.
- The A and B standards can be achieved by an accumulation of B or C standards (in the same weight class and in international competitions (Policy 3)), respectively, as follows:
 - 3 X B results accomplished directly within a 12-month period, gives A standard.
 - 3 X C results accomplished directly within a 12-month period, gives B standard

The validity of an A or B standard achieved by accumulation is 24 months minus the months of results accumulation. For example, if it took four months to accumulate three B results, the resulting A standard is valid for the next 20 months (i.e. 24 months – 4 months).

POLICY 6 - DETERMINATION OF NATIONAL TEAM POINTS

General

- Only Male and Female Olympic weight divisions are eligible for points.
- Results obtained at International competitions (Policy 3) give 100% of the points for a period of one year after the event, after which, the points are reduced by 50% and are valid for another year.
- Results of Domestic competitions are valid for a period of 12 months from the date they were achieved.
- No points will be given for achievements in International competitions (Policy 3) in weight categories with fewer than five competitors, or fewer than three countries in the weight class.

Specific Cases

- International points** awarded will reflect the competitiveness of each weight class through the application of the following formula:
 - For five or more wins, 125% points indicated in Policy 3; for three and four wins, 100% points indicated in Policy 3; for two wins, 75% points indicated in Policy 3 (for top 8 or

- higher ranking only); for one win, 50% points indicated in Policy 3 (for top 8 or higher ranking only).
- b. For result achieved in weight categories of five to seven competitors: 75% of the points determined by the above formula.
6. Results achieved in one weight class above or below the athlete's reference weight class are divided in half after the above rules (points 1 to 5) have been applied.
 7. Results achieved in a weight class two divisions above or below the reference weight class are divided by four after the above rules (points 1 to 5) have been applied.

POLICY 7 - NATIONAL TEAM POINT RANKING

The National Team point ranking will be established using the points that are earned according to Policies 3, 4, and 6.

The sum of six best performances (highest points scored) over the last 24 months will be considered (50% of points for events older than 12 months).

In the event of a tie, the seventh best result of each athlete will be used to break the tie and, if needed, the eighth, and so on.

POLICY 8 - MINIMUM PERFORMANCE STANDARDS

Introduction

The National Team standard represents the minimum performance standard needed to take part in international events unless stated in a specific selection policy (Policy 15). The goal is to have athletes competing at the proper level to ensure a beneficial and valuable competitive experience for their development. The national team standard is also used for selection, carding nomination, and funding priority.

General

National Team Minimum Performance Standards:

- A Standard: Athletes eligible to attend category "A" competitions.
- B Standard: Athletes eligible to attend category "B" competitions.
- C Standard: Athletes eligible to attend category "C" competitions.
- D Standard: Athletes eligible to attend category "D" competitions.
- E Standard: Athletes eligible to attend category "E" competitions.
- F Standard: Athletes eligible to attend category "F" competitions.
- G Standard: Athletes eligible to attend category "G" competitions.
- H Standard: Athletes eligible to attend category "H" competitions.

To participate in an event, your standard must be valid at the date of the event and not at the date of the selection for that event.

To maintain the validity of standard, an athlete must have competed in one of the last two Elite Nationals unless granted exemption by the High-Performance Committee. To request an exemption from the High-Performance Committee, see **Policy 12 “Exemption Request Procedure”**.

To participate in U18 international events, as part as a Judo Canada delegation, an athlete must be identified as one of the following:

- National Team Standard H or higher
- a Judo Canada Development card
- achieve one of the following performances in his/her current age group:
 - Gold medal at the 2022 U18 Elite National Championships
 - Gold medal at the 2022 U18 Open National Championships

Specific Cases

Minimum standards are weight-class specific, but standards achieved in one weight class, can be used as a minimum performance standard in one weight class above or below for events of C level and below, and events that do not have a specific selection policy.

An athlete could be given the special permission to compete above his/her standard (up to B) for exceptional reasons:

- Tournament scheduling issues.
- Athlete deemed by the High-Performance Director to have exceptional potential.
- Athlete deemed by the High-Performance Director to show full commitment to training and national team programs.
- Athlete that was unable to compete for an extensive period due to unforeseen reasons.

Request process:

- The athlete must make a request in writing to the High-Performance Director prior to the registration deadline of the tournament.
- The High-Performance Director will make a final decision based on the recommendation of High-Performance Committee.

Important: No special permission will be granted for competitions with specific selection criteria (**Policy 15**).

Special case: Team event: An athlete could be exempt from the minimum performance standards if circumstances could increase chances of qualifying Canada for the Team event in Paris 2024.

POLICY 9 - PARTICIPATION AND FUNDING IN INTERNATIONAL EVENTS

Introduction

Only members in good standing with Judo Canada and their respective provincial associations are eligible to represent Canada at international judo events. An athlete's eligibility is determined by their National Team Standard, which is in turn determined by the performance of the past two seasons (Policies 6 & 8) for events without specific selection policy or by a specific selection policy (see Policy 15).

For certain events, the High-Performance Committee may invite provinces to apply to represent Canada. For such events, once permission is granted, selection of athletes, coaches, and officials is the responsibility of the province. A minimum of one coach must be funded by the Province. Judo Canada's permission is not required for international club tournaments and club exchanges.

All participants to represent Canadian judo fall under the jurisdiction and discipline code of Judo Canada regardless of the source of support (see Policy 24).

Insurance

All participating athletes must have medical insurance which covers injuries sustained in sporting events. If proof of coverage is not provided by the athlete, JC will automatically take out coverage for any selected athlete for the duration of that project to fulfill IJF requirements.

Selection

Policy 15 provides selection criteria for specific major events. For tournaments with limited entries without specific selection policies, the criteria that will be taken into consideration to select participants will be as follows:

- Funding priority criteria (page 12)
- Participation and performance at training camps and testing
- Daily training commitment at the National Training Centre
- Number of international events already attended

With the objective to offer logical periodization in preparation and selection for major events.

The High-Performance Director, with the approval of High-Performance Committee, will have final authority on all selections.

Funding

Unless specified otherwise in specific selection policy, these funding principles and priorities will be used for international competition and camps funding allocation:

Cadet: **Priority 1:** D standard or higher

Priority 2: E standard and ranked first in their respective weight class (in the National Team ranking – Only Cadet considered)

Junior: **Priority 1:** C standard or higher

Priority 2: D standard, carded and ranked first junior in their respective weight class (in the National Team ranking)

Senior: **Priority 1:** Olympic medallist, World medallist or OTP targeted athletes (athletes that have demonstrated strong chance of winning Olympic/Senior World Medal)

Priority 2: “A” standard, carded and ranked first in their respective weight class (in both National Team ranking and Olympic selection process in years 3 and 4 of the quadrennial)

Priority 3: “A” standard carded athletes ranked first in their respective weight class (in either the National Team ranking or the Olympic selection process in years 3 and 4 of the quadrennial)

Priority 4: “B” standard carded athletes ranked first in their respective weight class (in the National Team ranking and in the Olympic selection process in years 3 and 4 of the quadrennial)

Priority 5: Other A standard athlete

Special case: Team event: An athlete could become Priority 3 if circumstances could increase chances of qualifying Canada for the Team event in Paris 2024.

Other: If extra funding is provided to Judo Canada for certain events or specific programs (e.g.: NextGen Institute, Pan Am Games, Jeux de la Francophonie, Commonwealth Games), this extra funding will then be distributed as per directions by the funding partners and according to the priority principles as set in this **Policy 9**.

Application

Judo Canada will distribute via email to their provincial staff a list of competitive opportunities and a “Notice of Application” and invite national team members to apply. All interested athletes who meet the minimum criteria must apply online using the JC International Event Registration Form at <http://www.judocanada.org/international-events-registration/>. An application is considered received at the date of receipt of deposit (see Procedures below).

Procedures

For those athletes and delegation members not funded by Judo Canada, but travelling through Judo Canada, the following procedures will apply:

1. Athletes who are not funded for the event must include with their registration a \$1000 deposit for one event, \$1500 for two events and \$2000 for three events, of which \$200 is non-refundable. The application will only be considered if a deposit has been made at the time of registration. Athletes who are not selected for the event will be refunded in full.

2. Athletes that cancel their participation after trip-planning expenses have occurred are fully responsible for those expenses.
3. Athletes agree to pay the balance of the cost upon receipt of invoices from Judo Canada.
4. Invoices are based on actual costs and are due upon receipt. No administrative fees are applied.
5. Invoices that are 30 days overdue: individuals will receive a written reminder with a copy sent to the provincial association.
6. Invoices that are 60 days overdue: individuals will be contacted by the Judo Canada office to discuss payment. If no arrangements can be made, the following steps will be taken:
 - A 10% service fee will be added to the invoice;
 - The individual automatically becomes a member not in good standing and all benefits and privileges are suspended – this includes access to competitions, grading, carding, etc.; and
 - If reinstated, for all future travel arrangements the individual may be required to pay the amount of the trip in advance in full by credit card, certified check or money order.
7. For accounts more than 90 days overdue, Judo Canada will inform the individual and charge the debt to the credit card number that was initially provided with the application.

If Judo Canada is sending a team to the same event, travel arrangements and accommodations of self-funded participants must also be coordinated by Judo Canada. Under no circumstances are individuals to contact the host organizing committee directly.

In some cases (limited to underage athletes) Judo Canada will facilitate travels of parents to the event, but in no case, will room sharing be permitted.

Injury/Making weight issue

An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. If at any time prior to an event, body weight exceeds 8% of the weight category and the national team nutritionist and team physician judge making weight dangerous the athlete may be withdrawn from the event.

Final decisions will be made by the High-Performance Director with the approval of the High-Performance Committee.

POLICY 10 - SELECTION NOTICE

After the deadline of each Notice of Application (Policy 9), Judo Canada will email a list of selected athletes outlining the following:

- Event(s)
- List of selected athletes by weight class
- Funding allocation

Selected athletes will require to confirm their participation on the online platform as per specific requirements.

POLICY 11 - FAILURE TO MAKE WEIGHT

Athletes funded by Judo Canada to attend international events who do not make weight for their selected weight class will be responsible for reimbursing Judo Canada for all expenses incurred.

For carded athletes, failure to make weight is considered a breach of their carding contract.

POLICY 12 - EXEMPTION REQUEST PROCEDURE

Introduction

This policy applies to all exemptions of mandatory requirements for selection as well as the obligations of the carding contract.

Exemptions to parts of a program can be requested for exceptional circumstances. Exceptional circumstances may include: a death in the immediate family, an injury, or conflict with another competition or training camp deemed more appropriate by the High-Performance Director for the athlete's preparation for performance at World Championships/Olympic Games.

Process

1. Request must be made as soon as the problem is known. In the case of injury, the request must be received within **seven (7) days** of the occurrence of the injury.
2. The request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence by email to HP@judocanada.org. Injury requests must include a medical certificate that indicates the type of injury, severity, and estimated recovery time. Judo Canada has the right to seek out a second medical opinion.
3. An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. Final decision will be made by the High-Performance Director with the approval of the High-Performance Committee.

The High-Performance Committee will evaluate all requests and deliver its decision in writing.

POLICY 13 - FIGHT-OFF PROCEDURE

Unless indicated otherwise in an event-specific selection policy, selection situations requiring a fight-off will follow the following fight-off procedures and will be held at the National Training Centre:

1. The High-Performance Director and the High-Performance Committee chair will oversee the fight-off as well as the procedures.
2. The referee team will all be at least national "A" certified including at least one referee certified International A currently active on the international scene. The Chair of the National Referee Committee will select the referee team and will act as the chief referee for the fight-off or will nominate a chief referee. If the two contestants are from different provinces, then the referee must be from a neutral province and the two judges must either come from the same provinces as the two

contestants, or they must both come from neutral provinces. If the two contestants are from the same province, then any combination can be used. IJF rules will apply except where noted below or as indicated in the fight-off notice.

3. IJF weight classes and weigh-in procedures will apply unless indicated otherwise in specific selection policies.
4. Athletes will have a minimum of 30-minute rest between matches. By mutual consent of the two contestants, an earlier start time may be agreed after the previous match has finished.
5. In the event of an injury, causing the withdrawal of a contestant from the current or subsequent match, the High-Performance Committee shall decide what further action is to be taken.
6. The following costs shall be borne by Judo Canada: expenses of officials and minor officials (timekeepers, score board keepers).
7. To ensure there is no home-mat advantage, access to the shiai-jo will be limited to the following people: athletes in the fight-off; Two coaches or designates per athlete in the fight-off; One representative per province involved in the fight-off; referees as needed; technical officials/staff; Judo Canada President or representative; Accredited members of the media; individuals appointed by the High-Performance Committee Chair. All other persons are prohibited from attending the fight-off.
8. The format of fight-off (unless specified in Specific Team selection policies):
 - a. Two athletes: best of 3 matches
 - b. For more than two athletes: single round robin.

POLICY 14 - ELITE NATIONALS SELECTION POLICY

Elite National Championship 2023 - Selection Policy U18 & Senior (for top 8 ranked athletes per division in Canada) January 11-12, 2023

U18/Cadet:

1. The top seven (7) athletes will be selected in each weight category in the following order of priority (on November 14, 2022):

- 1) Carded athletes;
- 2) Athletes with an F standard or better;
- 3) Total points from the National circuit:

3.1) U16 and U18 Open Nationals (May 2022), U18 Quebec Open (November 2022) and U18 Ontario Open (November 2022), using the following points distribution:

- Gold: 10
- Silver: 7
- Bronze: 5

3.2) U18 Saskatchewan open (TBC), U18 Manitoba Open U18 (January 2022) Pacific International (March 2022), U18 Edmonton International (March 2022), U18 Eastern Canadian Championship (April 2022), using the following points distribution:

- Gold: 7
- Silver: 5

- Bronze: 2

2. One athlete will be added as a wild card by the High Performance Committee. If fewer than eight athletes qualify, other wild cards could be allocated.

Senior:

On November 14, 2022, all athletes will be ranked according to the national team points as defined in policies 3, 4 and 6 of the 2022 National Team Handbook.

- 1) The top seven athletes in each category will be selected.
- 2) One athlete will be added as a wild card by the High Performance Committee.
- 3) If fewer than eight athletes qualify, other wild cards could be allocated.

Notes:

1. In exceptional circumstances, the High Performance Committee might add a ninth athlete in a weight class.
2. For Cadet age group: a minimum of one (1) win is required to obtain points for selection
3. For cadet rankings, 50% of the points are transferrable to one weight class above or below.
4. Cadet: gold medallists in every weight class will obtain the minimum standard to compete in the 2023 European March Cadet Tour.

POLICY 15 - MAJOR EVENT TEAM SELECTION POLICIES

15.1 2022 Senior Pan-American Championships - April 15-16, Lima (Peru)

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The Pan-American Judo Confederation (PJC) allows each country a maximum quota of 9 male and 9 female athletes, with a maximum of two athletes per weight category.

II - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.
2. Athletes with minimum E standard will be eligible for selection.
3. **Spring Camp 2022** is mandatory unless exception granted (see policy 12).

III - SELECTION PROCEDURE

Accumulation of points and standards for selection purposes conclude on **March 7, 2022**.

1. All athletes who have met the eligibility criteria above will be ranked according to IJF world ranking list.
2. The athletes selected will be the highest-ranked athletes, as permitted by the PJC quotas for the men's and women's events.

IV - FUNDING

1. All selected athletes within Senior priorities 1 to 4 and junior priority 1 in Policy 9 of the 2022 National Team Handbook will be funded by Judo Canada.
2. All other selected athletes will have the opportunity to participate in this event on a self-funded basis (Partial funding might be available if the budget permits).

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and Senior National coaches will design and lead the preparation program (competitions, camps, testing and training requirements) for the 2022 Senior Pan-American Championships. Meeting the requirements of the preparation program is a condition of selection. Failure to live up to the preparation program, as determined by the High Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a "Grievance Procedure" will apply as per the current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

If substitution is needed, the substitute will be determined according to selection criteria stated above. Final decision in this regard will be made by the High Performance Committee of Judo Canada.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.2 2022 Commonwealth Games – August 1-3, Birmingham (GBR)

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg

Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

Judo Canada was assigned a **maximum quota of nine athletes** by Commonwealth Sport Canada, with a maximum of two athletes per weight category.

II - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.
2. The eligibility standards (as defined in Policies 3, 4 and 5 of the National Team **Handbook 2022** edition) must be achieved in the same weight class in which the athlete is selected to compete in the Commonwealth Games.

III - SELECTION PROCEDURE

SELECTION DATE: Accumulation of IJF ranking points and National Team standards for the selection concludes on **June 13, 2022**.

Athletes who have met one of the standards below (and whose standard is valid in a specific weight category as of the date of the 2022 Commonwealth Games), will be eligible for selection:

1. E standard;

All athletes who have met the eligibility criteria above will be ranked according to IJF world ranking list as of June 13, 2022. The athletes selected will be the highest-ranked athletes, as permitted by the assigned quotas.

IV - FUNDING

All selected athletes will be fully funded.

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and Senior National Coach will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2022 Commonwealth Games. Meeting the requirements of the preparation program is a condition of selection and funding; a failure to live up to the preparation program, as determined by the High Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a "Grievance Procedure" will apply as per the current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Judo Canada is under no obligation to select an alternate. Only athletes who meet standards, as described in the selections process above, may be named as an alternate.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.3 2022 Senior World Championships - August 7-13, Tashkent (UZB)**I - INTRODUCTION**

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota of nine male and nine female athletes, with a maximum of two athletes per weight category.

II - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.
2. The eligibility standards (as defined in Policies 3, 4 and 5 of the National Team [Handbook 2022](#) edition) must be achieved in the same weight class in which the athlete is selected to compete in the World Championships.

III - SELECTION PROCEDURE

SELECTION DATE: Accumulation of IJF ranking points and National Team standards for the selection concludes on [June 13, 2022](#).

Athletes who have met one of the standards below (and whose standard is valid in a specific weight category as of the date of the 2022 World Championships), will be eligible for selection:

1. A standard;
2. B standard;
3. [C standard with world ranking with a realistic chance to meet Olympic Qualification Quota.](#)

[All athletes who have met the eligibility criteria above will be ranked according to IJF world ranking list as of June 13, 2022. The athletes selected will be the highest-ranked athletes, as permitted by the IJF quotas for the men's and women's events.](#)

IV - FUNDING

Judo Canada provides funding only to those athletes who have achieved their National "A" Team standard at the time of the selection, in the following order of priority, as defined in Policy 9.

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and Senior National Coach will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2022 World

Championships. Meeting the requirements of the preparation program is a condition of selection and funding; a failure to live up to the preparation program, as determined by the High Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a “Grievance Procedure” will apply as per the current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Judo Canada is under no obligation to select an alternate. Only athletes who meet standards, as described in the selections process above, may be named as an alternate.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.5 2022 Cadet (U18) World Championships - August 24-27, Sarajevo (BIH)

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men	Women
Under 50 kg (-50 kg)	Under 40 kg (-40 kg)
Over 50 kg and under 55 kg (-55 kg)	Over 40 kg and under 44 kg (-44 kg)
Over 55 kg and under 60 kg (-60 kg)	Over 44 kg and under 48 kg (-48 kg)
Over 60 kg and under 66 kg (-66 kg)	Over 48 kg and under 52 kg (-52 kg)
Over 66 kg and under 73 kg (-73 kg)	Over 52 kg and under 57 kg (-57 kg)
Over 73 kg and under 81 kg (-81 kg)	Over 57 kg and under 63 kg (-63 kg)
Over 81 kg and under 90 kg (-90 kg)	Over 63 kg and under 70 kg (-70 kg)
Over 90 kg (+90 kg)	Over 70 kg (+70 kg)

The IJF allows each country a maximum quota of 10 male and 10 female athletes, with a maximum of two athletes per weight category.

II - FUNDING

Judo Canada will provide funding for the Cadet World Championships for Olympic weight class only as follows:

1. D: full funding of participation and preparation events
2. E or below: self-funded

III - ELIGIBILITY

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (see page 16:https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2021/05/IJF_Sport_and_Organisation_Rul-1622041960.pdf) and be a member in good standing of Judo Canada to be eligible for selection.
2. **All athletes must have competed at the 2022 Elite National Championships, 2022 Open National championships and 2022 Open National Championships camp unless granted exceptions.**

IV - SELECTION PROCEDURES

The Cadet (U18) Open National championships (May 2022, Montreal, Quebec) will serve as the main selection event. The gold medallist of each weight category will be selected is eligible.

The remaining quota will be completed in order of priority:

- National Team Standards
- National Team Points

V - MANDATORY PREPARATION EVENTS

TBC

A failure to live up to the preparation program, as determined by the National coaching staff, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

Should an athlete not be able to participate in one or more of the above events due to injury, he/she must send notice of the injury, diagnosis and anticipated return to training, to the High Performance Director within seven days of the injury, in order to still be considered for selection.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a “Grievance Procedure” will apply as per current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Judo Canada is under no obligation to select an alternate. Only athletes who meet the minimum standard may be named as alternates.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.5 2022 Francophonie Games – August 20-22, Kinshasa (COD)

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
----------------	------------------

under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota undetermined at the time of publication of this policy.

II - ELIGIBILITY CRITERIA

1. Athletes must have Canadian citizenship and be a member in good standing of Judo Canada to be eligible for selection.
2. Only athletes born between **January 1, 1997, and December 31, 2003**, inclusively are eligible.
3. The eligibility standards (as defined in Policies 3, 4 and 5 of the National Team Handbook 2022) must be achieved in the same weight class in which the athlete is selected to compete in the 2022 Francophonie Games. **The minimum standard required to be eligible is E and at least an F standard obtained in international events.**
4. All selected athletes will be required to take part in the following National Camps (full camps):
 - Post Open Nationals Championships (Montreal, May 2022)
 - Summer camp (Montreal, July 2022)

Should an athlete not be able to participate in one of the above events due to injury, he/she may still be considered for selection but must send notice of injury, diagnosis and anticipated return to training to the High Performance Director at HP@judocanada.org within seven days of the injury.

III - SELECTION PROCEDURE

SELECTION DATE: Accumulation of points and standards for the selection concludes **on May 23, 2022.**

All athletes who have met the eligibility criteria above will be ranked according to National Team points, as defined in Policies 3, 4 and 6 of the 2022 National Team Handbook. The athletes with the highest point total will be selected as per IJF quota permits.

IV - FUNDING

All athletes selected will be fully funded.

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and the National Coaching Staff will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2022 Francophonie Games. Meeting the requirements of the preparation program is a condition of selection and funding; a failure to live up to the preparation program, as determined by the High Performance Director and Junior National Coach, will result in the withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a "Grievance Procedure" will apply as per current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the four-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Selection of alternates will be conducted according to this policy and the Judo Canada Ranking as of May 23, 2022.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.6 2022 Junior (U21) World Championships – October 5-9, TBC

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota of nine male and nine female athletes, with a maximum of two athletes per weight category.

II - ELIGIBILITY CRITERIA

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (see page 16: https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2021/05/IJF_Sport_and_Organisation_Rul-1622041960.pdf) and be a member in good standing of Judo Canada to be eligible for selection.
2. The eligibility standards (as defined in Policies 3, 4 and 5 of the National Team Handbook 2022) must be achieved in the same weight class in which the athlete is selected to compete in the 2022 U21 World Championships. **The minimum standard required to be eligible is E and at minimum an F standard obtained in international events.**
3. All selected athletes will be required to take part in the following National Camps (full camps):
 - Post Open Nationals Championships (Montreal, May 2022)
 - Summer camp (Montreal, July 2022)
4. All selected athletes will be required to take part in the following competitions:
 - Open Nationals Championships (Montreal, May 2022)
 - Europe Junior tour (two events) (July/Aug 2022)

Should an athlete not be able to participate in one of the above events due to injury, he/she may still be considered for selection but must send notice of injury, diagnosis and anticipated date of return to training to the High Performance Director at HP@judocanada.org within seven days of the injury.

III - SELECTION PROCEDURE

SELECTION DATE: Accumulation of points and standards for the selection concludes **on August 19, 2022.**

All athletes who have met the eligibility criteria above will be ranked according to National Team points, as defined in Policies 3, 4 and 6 of the 2022 National Team Handbook. The nine male and nine female athletes with the highest point total (maximum two per weight class) will be selected.

Note: The HP committee reserves the right to add an athlete to the team to strengthen it for the TEAM EVENT.

IV - FUNDING

Judo Canada will provide funding for the Junior World Championships, as follows (for funding purposes, only internationally obtained standards will be considered):

1. C standard: full Judo Canada funding for participation in the Junior World Championships and preparation events
2. D standard: partial Judo Canada funding for participation in Junior World Championships and in selected preparation events – Budget permitting
3. E standard: self-funded

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and the National Coaching Staff will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2022 U21 World Championships. Meeting the requirements of the preparation program is a condition of selection and funding; a failure to live up to the preparation program, as determined by the High Performance Director and Junior National Coach, will result in the withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a "Grievance Procedure" will apply as per current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the four-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Selection of alternates will be conducted according to this policy and the Judo Canada Ranking as of August 19, 2022.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

POLICY 16 – 2023 ATHLETE ASSISTANCE PROGRAM

2023 ATHLETE ASSISTANCE PROGRAM (AAP)

Objective: To identify and support Canadian athletes performing at or having the greatest potential to achieve top 8 results at the Olympic/Paralympics Games and World Championships. Judo Canada’s carding cycle runs from January 1, 2023, to December 31, 2023.

The quota of senior cards allocated by Sport Canada is **sixteen (16)** or its equivalent value of \$338,880. This amount is subject to change **at any time by Sport Canada**. Athletes will be recommended for 12 months of carding support, however, if upon the application of the carding criteria less than 12 months of carding is available, an eligible athlete may be recommended if there are four or more months of support remaining.

To be eligible for the AAP, an athlete must meet the requirements described in Section 2.3 of the “Athlete Assistant Program (AAP) Policies and Procedures”: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html>.

SCHEDULE A: CARDING OF ABLE-BODIED JUDOKA

Judo Canada’s High-Performance Committee, upon the recommendation from the High Performance Director, will determine a priority ranking of all AAP eligible athletes based on the carding criteria presented in this document. Sport Canada approves nominations in accordance with the AAP policies and procedures.

1. CONDITIONS FOR ALL CARDS

- 1.1 All senior carded athletes and U21 and U23 development carded athletes will be based at the National Training Centre at INS Québec in Montreal (NTC). Being based at the training centre (NTC) means that the carded athlete commits to train full-time at the NTC in Montreal. The carded athlete accepts to follow the yearly training plan designed by the High-Performance Director. This plan includes all NTC-based daily judo training sessions, other types of training (e.g., strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High-Performance Director.
- 1.2 All carded athletes with a D card under the age of 18 on December 31, **2022**, will be based at the National Training Centre at INS Québec in Montreal (NTC) or at one of the designated Regional Training Centres (RTC), i.e., Toronto, Ontario, **Abbotsford, British Columbia** or Lethbridge, Alberta. Being based at the National training centre (NTC) or designated RTC means that the carded athlete commits to train full-time at the NTC or RTC. The carded athlete accepts to follow the yearly training plan designed by the High-Performance Director and the RTC Coach. This plan includes all NTC/RTC-based daily judo training sessions, other types of training (e.g., strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High-Performance Director and RTC Coach.
- 1.3 The years an athlete is carded while of Junior IJF age, do not count towards the total years of carding as a senior-age athlete.
- 1.4 A C–1 Card is designated by Sport Canada as a “probationary” card and is awarded to athletes carded for the first time at the Senior Card level. If an athlete’s first Senior Card is awarded for a top 8 result

at the World Championships or Olympic Games, then the probation period does not apply, and the C-1 is upgraded to a Senior International Performance Card (SR1).

- 1.5 Carding selection and the continuation of carding are dependent upon the athlete's adherence to the obligations outlined in the carding contract (Policy 17). The athlete must agree to follow the training, competitive, and administrative policies of Judo Canada (**National Team Handbook 2022**). Judo Canada will notify Sport Canada to start carding payment only when the signed athlete's contract and annual training plan have been received at Judo Canada's office.
- 1.6 Carded athletes must take part in all competitions, testing, medical examinations, and national training camps for which they are selected. Should extenuating circumstances arise that prevent participation in some of these events, athletes must apply to the High-Performance Committee of Judo Canada for an exemption (see Policy 12- Exemption request procedure).
- 1.7 Should an athlete fail to participate in a scheduled event as required per Appendix B of the Carding Contract, the High-Performance Committee will apply a sanction, as specified in the carding contract.
- 1.8 Cards are subject to termination during the carding season. The National Coaching Staff will evaluate the performance of the carded athlete, and if it is determined that the athlete does not respect the conditions of the carding contract, the card will be removed and possibly transferred to the next applicant (see section 7).

2. PRIORITIZATION

Cards will be allocated to eligible athletes in the following order of priority:

- 1) Athletes eligible for Sport Canada's "Senior International Performance" cards (SR1/SR2);
- 2) Athletes eligible for "Development" cards (D) U18 & U21- 6 D cards.

Remainder of cards will be distributed in this order of priority until carding quotas are filled:

- 3) Athletes eligible for "Senior Performance" cards (SR/C1);
- 4) Athletes eligible for "Development" cards (D) U23 with a minimum of C National Team standard.
- 5) Athletes eligible for "Development" cards (D) U21 with a minimum of D National Team standard.
- 6) Athletes eligible for "Development" cards (D) U18 with a minimum of E National Team standard.
- 7) Athletes eligible for "Development" cards (D) U23 with a minimum of D National Team standard.
- 8) Athletes eligible for "Development" cards (D) U21 with a minimum of E National Team standard.
- 9) Athletes eligible for "Development" cards (D) U18 with a minimum of F National Team standard.
- 10) Athletes eligible for "Development" cards (D) U23 with a minimum of E National Team standard.
- 11) Athletes eligible for "Development" cards (D) U21 with a minimum of F National Team standard.
- 12) Athletes eligible for "Development" cards (D) U18 with a minimum of G National Team standard.
- 13) Athletes eligible for "Development" cards (D) U21 with a minimum of G National Team standard.
- 14) Athletes eligible for "Development" cards (D) U18.

3. SENIOR INTERNATIONAL PERFORMANCE CARDING CRITERIA (SR1/SR2)

Sport Canada's Senior International Performance Card (SR1/SR2) is awarded to an athlete placing in the top 8 and top 1/2 at the **2022 World Championships (August 2022)**. This card is valid for a two-year period (year one designated as SR1; year two designated as SR2). However, the second year of carding is not automatic. An athlete must be nominated to Sport Canada by Judo Canada, thus he/she must:

- a) Meet the minimum standard to qualify for the next Senior World Championships (or Olympics);

- b) Respect the conditions of Judo Canada’s Carding Contract.

4. DEVELOPMENT CARDING CRITERIA (D) U18 & U21

4.1 General information

Objective: To identify and support young Canadian judokas with a superior international potential, at an earlier time of their athletic development than is possible with the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical for success at the senior level.

The Development Card U18 or U21 is valid for a one-year period. Only athletes under 21 years old (U21) as of December 31, 2022, and athletes under 18 years old (U18) as of December 31, 2022, are eligible for these cards. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost share in some competitions and camps, based on the support received. Any cost-sharing requirements will be so noted in the athlete's contract.

Six (6) Development Cards (U18 and U21) will be awarded.

4.2 Development Card Selection Procedure

Eligible athletes will be ranked according to Judo Canada ranking points as per National Team Policy 5. No minimum standard requirement is needed for those six development cards.

1. **Female:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.
2. **Male:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.

Note: Athletes who qualify for a Development Card and who also qualify for a Senior Performance Card have the choice of accepting any of these. If an athlete chooses to accept the Senior Performance Card, this card will count towards the total year of carding as a senior age athlete, unless the athlete is still an IJF Junior (i.e., U21) in 2022 (see 1.3). Athletes who elect to accept a Senior Performance Card will be eligible for a Development Card in future seasons if they meet the eligibility criteria for such card.

5. SENIOR PERFORMANCE CARDING CRITERIA (SR/C1)

5.1 Senior Performance Carding Criteria (SR/C1)

Senior Performance Cards (SR/C1) are awarded for a one-year period to athletes according to their rank in the Judo Canada's National Team Standard/Ranking point system (NT Policies 3 to 8). To be eligible for a "Senior Performance" card nomination, athletes must meet the following criteria:

ENTERING year carded as a senior age athlete.	Performance Standards required for carding	National Championships Standard*
1st through 4th	National 'A' or 'B' Team Member	Participate** in the 2022 Elite Senior Nationals

5th through 7th	National 'A' Team Member; or National "B" Team and ranked in the top 18 on the IJF World Ranking list on December 31, 2022 . (Note: only one athlete per country, not including the host nation, is used to calculate top 18 as per Olympic qualifying standards).	Participate** in the 2022 Elite Senior Nationals
8th and beyond	National 'A' Team Member and has placed in the top 8 at the World Championship or Olympic Games within the past four years. ***	Participate** in the 2022 Elite Senior Nationals

* Unless **cancelled or** granted an exemption by the High Performance Committee (see Policy 12).

** Participation in a tournament is defined as taking part in the first bout of the tournament.

5.2 Carding Nomination Procedures for Senior Performance

1. At the end of the carding qualification period (**December 31, 2022**), athletes will be prioritized for nomination based on National Team Points (and Standards if tied in points) as per NT Policies 3 to 8. It is a possibility that there are not enough cards for all athletes meeting minimum standards.
2. Athletes will be removed from the prioritized list if they:
 - do not meet the minimum Performance Standards.
 - did not fulfill the National Championships Standard.
 - are not involved in a High Performance training program.
 - Refuse in writing, prior or after the nomination, to respect relocation criteria or any other requirement.

6. REMAINING CARDS – PRIORITY 4 to 14 – Development Card (See “2. Prioritization,” above)

Objective: To identify and support young Canadian judokas with superior international potential, transitioning into the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical to succeed at the senior level.

6.1 All the Development Cards are valid for a one-year period. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost share in some competitions and camps, based on the support received. Any cost-sharing requirements will be so noted in the athlete's contract.

6.2 As per the priority list presented above in point, “2. Prioritization,” once priorities 1, 2 and 3 are filled the remaining available cards will be distributed as per priorities 4 to 14 until the carding quota allocation is fully distributed. No maximum or minimum numbers of cards are reserved for each priority.

6.3 U23 is defined as athletes under 23 years old (U23) as of December 31, **2022**.

6.4 The number of Development Cards available as per priorities 4 to 14 will depend on the following:

- a) Total quota of cards allocated by Sport Canada to Judo Canada.

- b) Total number of Senior International cards & Senior Performance cards allocated to eligible judokas.

The remaining available cards will be designated as Development Cards.

6.5 Eligibility Conditions for Development Cards:

- a) Participate in the Elite Senior Nationals 2022*.
 b) Athletes must be involved in a High-Performance training program.

* Unless cancelled or granted an exemption by the High-Performance Committee (see Policy 12).

6.6 Selection and nomination procedures for Development Carding Criteria priorities 4 to 14:

- a) All U23, U21, U18 athletes, as specified prior and below who did not get nominated for a card, as per priority 1, 2 and 3, will be ranked as per National Team Standard and Points (Policies 3 to 8 NT Handbook 2022).
 b) The highest ranked eligible athletes (Male and Female combined), as per available cards and respecting the priorities set in point 2 will be nominated for carding.

1. FAILURE TO MEET RENEWAL CRITERIA FOR HEALTH-RELATED REASONS (Illness, Injury or Pregnancy)

A carded athlete who, at the end of the carding cycle, has not achieved the standard required for the renewal of his/her carding status solely because of health-related reasons may be considered for renomination for the upcoming year provided the following conditions are met:

- The athlete had at least one past performance of top 8 at the Senior World championships or Olympic Games in the last four years.
- The athlete must have informed Judo Canada as soon as possible and, if the health issue happened prior the Elite Senior Nationals and requested an exemption as per Policy 12.
- The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high-performance training and competition during the period of his or her injury, illness, or pregnancy, or is continuing a rehabilitation program approved by Judo Canada.
- In the view of Judo Canada, the athlete's failure to attain the applicable carding standards is strictly related to the injury, illness, or pregnancy.
- Judo Canada, based on its technical judgment and that of a Judo Canada team physician or equivalent, indicates in writing to Sport Canada the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period.
- The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high performance training and competition goals, as well as his or her intention to pursue full high-performance training and competition throughout the carding period for which he or she wishes to be renewed, despite not having met the carding criteria.

An athlete may only be nominated to the AAP under this clause once in their career.

If more than one athlete meets this clause, they will be ranked based on the previous season's international ranking.

8. WITHDRAWAL OF CARDING SUPPORT

The High-Performance Committee, upon the recommendation from the High-Performance Director, may at any time recommend the withdrawal of an athlete's carded status to Sport Canada, provided that the following steps have been followed:

1. The athlete was provided with a verbal warning, including the steps and timelines to remedy the situation and the consequences of a failure to heed the warning.
2. Where applicable, a letter of warning will be sent to the athlete.
3. If the above-mentioned steps are not successful in resolving the matter and Judo Canada still wishes to recommend withdrawal of carded status, Judo Canada must send a letter to their Sport Canada Program Officer and the AAP Manager, with a copy to the athlete, recommending withdrawal of the athlete's carded status. This letter must:
 - indicate the grounds on which the recommendation is being made.
 - indicate the steps already taken to address the issue (verbal warning followed by a formal letter of warning).
 - provide notice to the athlete of his/her right to contest Judo Canada's recommendation to withdraw his/her carded status, through Judo Canada's internal appeal procedure, within the prescribed time.

9. ATHLETES REQUESTING CHANGE OF NATIONALITY

Judo Canada will NOT sign a release for athletes requesting a switch of nationality to compete internationally (IJF events) if they have been carded in the past. The three-year probation period requested by the IJF will have to be respected.

10. ADDITIONAL INFORMATION

General information on the Sport Canada - Athlete Assistance Program (AAP) can be found in the Athlete Assistance Program Athletes Handbook published by Sport Canada (2019). This guide explains the details of the AAP, the benefits to the athlete (monthly support, tuition payment, deferred tuition), and the athlete's rights.

For further information visit:

Sport Canada at: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>.

11. APPEALS TO CARDING NOMINATIONS

Appeals to carding nominations are limited to incorrect application of policy or procedures. In case of an appeal, a "Grievance Procedure" will apply, as per current Judo Canada Policy.

POLICY 17 - CARDING CONTRACT

THIS AGREEMENT made as of the 1st day of January 2022.

BETWEEN: JUDO CANADA

(Hereinafter referred to as Judo Canada) OF THE FIRST PART

AND _____

(hereinafter referred to as the "Athlete") OF THE SECOND PART

WHEREAS Judo Canada is recognized by the International Judo Federation (IJF) and Sport Canada as the sole National Sport Governing Body for judo in Canada;

AND WHEREAS Judo Canada desires to establish its rights and obligations vis-à-vis carded athletes;

AND WHEREAS the Carded Athlete as a funded member of Judo Canada desires to define her/his rights and obligations vis-à-vis Judo Canada;

AND WHEREAS Sport Canada requires these rights and obligations be reduced to a written agreement;

AND WHEREAS Judo Canada has the right to select athletes to participate in international tournaments and/or training camps;

AND WHEREAS the International Judo Federation requires that Judo Canada certify the eligibility of the athlete participating in international events to be a member in good standing of Judo Canada.

NOW THEREFORE THIS AGREEMENT WITNESSED that the parties hereto hereby agree as follows:

1. Judo Canada shall:

- a) plan, organize, and implement the National Team Program.
- b) publish selection criteria for all national teams at least three (3) months before the selection for any team and at least eight (8) months before the selection of major games teams (e.g., Olympic, Commonwealth, Francophonie, Pan-American, Fédération internationale du sport universitaire (FISU) and World Championship Teams);
- c) publish criteria for the selection of athletes to the Athletes Assistance Program (AAP) ten (10) months prior to the commencement of the selection;
- d) conduct the nomination process and nominate for carding all eligible athletes and thereafter shall ensure each carded athlete receives all benefits to which that athlete is entitled;
- e) assist the athlete in obtaining quality medical care including services offered by the Canadian Sport Centre;
- f) ensure that National Team athletes are provided with the National Team uniform which is to be worn at all international events;
- g) provide information on the National Team Program to the athlete in the form of correspondence through the national office of Judo Canada;
- h) provide a hearing and an appeal procedure which is in conformity with the generally accepted principles of natural justice and due process, and which will include access to an independent arbitration process with respect to any dispute the athlete may have with Judo Canada; publish the details of this procedure in a prominent manner; and provide details to any person requesting this information by or on behalf of the athlete;
- i) provide accident insurance for carded team members when involved in international competitions or training sessions;
- j) provide for a representative, elected by the athletes, to sit as a voting member of the High Performance Committee and the Board of Directors of Judo Canada;
- k) communicate with athletes both verbally and in writing in any of the official recognized language of their choice.

2. The Athlete shall:

- a) if the athlete is 18 years or older, relocate to the National Training Center in Montreal;
- b) follow the annual training and competitive plan, as designed by the National Coaching staff, including, in case of injury, full rehabilitation plan at the National Training Center.
- c) follow the program established in the Appendix B and participate in all mandatory training camps, testing and competitions;
- d) notify Judo Canada immediately should illness, injury or other circumstances occur which prevent the athlete from participating in any training or event set forth in Appendix "B" herein as scheduled, the athlete agrees that written reports from his or her doctor, and personal and/or provincial coach, will be forwarded to the national office of Judo Canada within two weeks of the injury, it has been understood that Judo Canada reserves the right to a second medical opinion from a doctor of its choice;
- e) dress in the National Team uniform and all other official clothing, while travelling and/or participating as part of the National Team or any other Judo Canada activities; (as per policy 22 of the 2019-2020 Handbook)
- f) abide by the code of conduct set out in the National Team Handbook while attending required events;
- g) not use banned drugs or methods as detailed in the rules of the International Olympic Committee (IOC), the International Judo Federation (IJF), Judo Canada and the Canadian Center for Ethics in Sport (CCES), and shall submit to announce and/or unannounced doping control test upon request by Judo Canada or any authority designated to do so by Judo Canada, within the guidelines as outlined in the CCES Doping Control Standard Operating Procedures; as per annex C
- h) not possess banned or restricted drugs as listed by WADA, and shall neither supply such drugs directly or indirectly to others, nor encourage their use;
- i) complete the CCES online anti-doping education program's two courses "True Sport Clean" and "Sport Canada - Athlete Assistance Program" at the beginning of each new carding cycle. Failure to do so will result in AAP payments being kept on hold until the requirement is met.
- j) if asked by the NSO to do so, participate in any Doping Control/Education Program developed by the NSO in co-operation with Sport Canada and the CCES.
- k) respect and abide by the Canadian Anti-Doping Program (CADP) as administered by the Canadian Centre for Ethics in Sport (CCES)
- l) for doping related appeals, utilize the hearing and appeal procedure that is outlined in the Canadian Centre for Ethics in Sport Doping Policy;
- m) for team selection disputes, utilize the Grievance and Appeal Procedure outlined in the National Team Handbook;
- n) acknowledge that he or she has the right to appeal decisions on matters related to the Athlete Assistance Program (AAP), first to Judo Canada and subsequently to Sport Canada;
- o) secure a travel permit or Canadian Passport in accordance with the Judo Canada requirements when competing internationally;
- p) provide Judo Canada with his or her address and that of his or her personal coach, and shall notify Judo Canada of any changes of address for either the Athlete or the coach, if applicable;
- q) not participate in any competitions where the Federal Government Sport Policy or the policies of Judo Canada have determined that such participation is not permitted;
- r) compete and/or participate in Appendix "B" events as set forth therein and other events as selected by Judo Canada;
- s) read the National Team Handbook, seek clarification as needed from Judo Canada, and agree to abide by the policies and procedures as established in the said handbook;
- t) not live in any environment not conducive to high-performance achievement and not take any deliberate action that puts his or her ability to perform at risk or limits his or her favourable performance;

- u) participate in sport-related, non-commercial promotional activities on behalf of the Government of Canada, keeping in mind that Judo Canada usually makes such requests for participation and arranges the activities. It is understood that unless supplementary compensation is arranged, these activities set out herein do not normally involve more than two working days per athlete per year;
- v) actively participate in all AAP evaluation activities, cooperate fully in any evaluation of the AAP that may be conducted by the Minister of Sport or anyone authorized to act on the Minister's behalf and provide such data as the person conducting the evaluation considers necessary for the proper conduct of the evaluation.

3. The athlete hereby grants to Judo Canada the right to use their name, likeness, photograph, image, sketch, voice, recorded image and/or voice, televised image and/or voice, radio broadcast voice, signature, endorsement and performance record of the Team Member for promotional purposes and for raising revenues to support Judo Canada's objectives. The athlete also grants to Judo Canada the right to assign such rights to such persons, firms, corporations or parties that Judo Canada in its sole discretion will determine.

The athlete agrees to cooperate with Judo Canada in fulfilling all the obligations he or she may incur with respect to any agreements entered into by the athlete respecting the rights granted in paragraph 2(t) of this agreement and this paragraph 3 hereof, and without limiting the generality of the foregoing, the athlete agrees:

- a) to make promotional appearances at all reasonable times as required by Judo Canada at Judo Canada's expense;
 - b) to attend, at all reasonable times, such photographic sessions as well as television, radio, virtual and social media commercial production sessions as required by Judo Canada;
 - c) to abide by the athlete's responsibilities as set out in the Sport Canada's Athlete Assistance Program Guide;
 - d) that if the athlete wishes to seek sponsorship, including goods, services or funding, he or she must first advise, and this before beginning, Judo Canada, and provide copies of documentation to be used, and the athlete shall not imply that any solicitation or request is being made on behalf of Judo Canada or the National Team; and
 - e) that for any events completely or partially funded by Judo Canada, he or she shall not obtain sponsorship on clothing, personal belongings or other items unless such sponsorship has received the written approval of Judo Canada.
4. Where one of the parties to this agreement believes, the other party has failed to conform to its obligations under this agreement, it shall forthwith:
- a) notify that party in writing of the alleged default;
 - b) where applicable, indicate in the notice to that party the steps to be taken to remedy the situation; and,
 - c) where applicable, indicate in the notice a reasonable time frame within which such steps shall be taken. On AAP-related matters, the athlete may direct such notice to the Manager of Sport Canada and to AAP, who may act on behalf of the athlete and indicate to Judo Canada steps to be taken to remedy the situation.
5. In the event of Judo Canada's failing to comply with this Agreement, then in such event, the Athlete shall be released from all obligations under this Agreement except for any provisions pertaining to eligibility under the International Judo Federation regulations;

6. In the event of the Athlete failing to comply with this Agreement, Judo Canada will apply the following procedure:

6.1 The athlete will be provided with a first verbal warning, including the steps and timelines to remedy to the situation and the consequences of a failure to heed the warning.

6.2 The second warning will consist of a written notice that will be sent to the athlete by email.

6.3 If the above-mentioned steps are not successful in resolving the matter and Judo Canada still wishes to recommend withdrawal of carded status, Judo Canada must send a letter (by email) to their Sport Canada Program Officer and the AAP Manager, with a copy to the athlete, recommending withdrawal of the athlete's carded status. This letter must:

- indicate the grounds on which the recommendation is being made.
- indicate the steps already taken to address the issue (verbal warning followed by a formal written warning);
- provide notice to the athlete of his/her right to contest Judo Canada's recommendation to withdraw his/her carded status, through Judo Canada's internal appeal procedure, within the prescribed time.

7. The parties understand and agree that Judo Canada shall not be liable for any damage, loss or injury caused to or incurred by the athlete from any cause whatsoever, whether such damage, loss or injury is incurred by the athlete while travelling or participating in training or competition, nor shall Judo Canada be liable for any loss, damage or injury incurred by the athlete at any other time. The athlete further agrees to indemnify and hold Judo Canada and its successors and representatives harmless from any claim or demand relating to such damage, loss or injury.

I hereby declare that in return for any financial assistance provided by the Sport Canada Athlete Assistance Program, I undertake to fulfill all commitments and responsibilities outlined in the Athlete Assistance Program Policies, Procedures and Guidelines booklet and my Athlete/NSO Agreement. I agree to refund any assistance provided to me, payable to the Receiver General of Canada, should my eligibility status change or my carded status be withdrawn, effective the withdrawal/change of status date. I consent to team medical personnel being advised immediately should there be a significant change in my state of health. I authorize the transmission of this and any other relevant information to doctors, coaches, consultants and therapists as part of sports activities with the National Team. I authorize the transmission of this information by any means, i.e. verbally, in writing, by fax or by email. I also consent to the information in this questionnaire being used for research purposes.

THIS AGREEMENT SHALL TERMINATE on the 31st day of December 2022.

IN WITNESS WHEREOF the parties hereto have executed this agreement this _____ day of January 2022.

Judo Canada

Witness

High Performance Director – Judo Canada

Signed, Sealed & Delivered in the presence of:

Witness

Athlete

Annex A - Athlete Contract - CCES

I understand that my National Sport Organization, **Judo Canada**, has adopted the 2021 Canadian Anti-Doping Program (CADP).

1. I specifically agree that as a member of the National Athlete Pool (NAP) in my sport, I am subject to the CADP and accordingly shall be bound by all the anti-doping rules and responsibilities contained in the CADP.
2. I further agree that regardless of my membership status in my National Sport Organization (or my withdrawal from membership or my membership's expiry), I shall remain continually subject to the CADP and shall hereafter be bound by all the anti-doping rules and responsibilities contained in the CADP until (i) I am removed as a member of the NAP in my sport or (ii) I file a Retirement Form with the CCES, whichever first occurs.
3. I agree that I have been educated regarding the anti-doping rules, responsibilities and violations contained in the CADP.
4. I acknowledge that information, including personal information about me, can be shared between anti-doping organizations for anti-doping purposes and such information will be used only in a fashion that is fully consistent with the limitations and restrictions contained in the World Anti-Doping Agency's International Standard for the Protection of Privacy and Personal Information.
5. With the understanding that any disclosure is for the sole purpose of assisting the Canadian Centre for Ethics in Sport (CCES) in enforcement of the CADP, I consent to have police and law enforcement agencies, border service agencies, Sport Organizations of which I am a member and sporting clubs and athletic associations to which I belong, in Canada and elsewhere, disclose to the CCES information in their possession relating to me that is directly relevant to potential anti-doping rule violations contained in the CADP that may be asserted against me.

By signing this form, I acknowledge that I agree with and remain subject to the clauses outlined above until such a time as I am removed from the NAP. (If the athlete is a minor or has an impairment preventing them from signing this form, a parent or guardian is to sign together with, or on behalf of, the athlete.)

Athlete Name

Athlete Signature

Parent/Guardian Name (if the athlete is a minor)

Parent/Guardian Signature (if the athlete is a minor)

Date

POLICY 18 - GRANT RECOMMENDATION

Judo Canada is requested to recommend athletes for different grant programs. Judo Canada will base its recommendations on the grant's eligibility policies and the following selection priority guidelines:

- 1) Top 8 performances at Olympics or Worlds;
- 2) Potential to achieve in the near future top 8 performances at Olympics or Worlds;
- 3) Athlete's respect of minimum training criteria fixed by Judo Canada training staff in a Judo Canada Training Structure (NTC or RTC);
- 4) World Ranking points and National Ranking points;

POLICY 19 – ATHLETES COMMITTEE TERMS OF REFERENCE

Purpose

To represent and promote the views and interests of the cadet, junior and senior national team athletes in an effort to further the objectives of Judo Canada ("JC"), its Board of Directors (the "Board"), Staff, Officials and Coaches in achieving best-ever performances.

Mandate

The Athletes' Committee is a standing committee of the Board. It shall assist the Board in understanding and properly considering the interests of cadet, junior and senior national team athletes.

Key Duties

In fulfilling its mandate, the Athletes' Committee will perform the following key tasks:

- Ensure that athletes participate in a constructive manner in the decision-making and feedback processes of JC.
- Ensure, to the greatest extent possible, that JC policies and programs meet the needs of the athletes including by:
 - Utilizing JC staff as a resource for support or information as may be needed by the Athletes' Committee from time to time.
 - Providing effective athlete representation to the Board.
 - Presenting athletes' views and positions to the relevant decision-making body on both operational and policy issues identified by the Athletes' Committee as affecting athlete performance.
 - Reviewing the Athlete Agreement template between JC and athletes receiving funding from the Sport Canada Athlete Assistance Program prior to the Athlete Agreement being presented to the athletes.
 - Submitting an annual report to the JC Members for the Annual General Meeting covering matters addressed by the Athletes' Committee.
- Oversee the election of the Athletes' Committee Chair every four years.

Authority

The Athletes' Committee is not entitled to contract on behalf of or bind the Board or JC. The Athletes' Committee provides advice and information to the Board in accordance with its mandate and key duties.

Composition

The Athletes' Committee shall consist of the three members (the Chair plus two additional individuals) elected from athletes who are National Team members of JC or who were carded members of JC within five years of the date of their election to the Athletes' Committee ("Eligible Members"). Considering that those conditions are met:

- All gender divisions from the National Team programs will need to be represented on the Athletes' Committee at any given time.
- One athlete will need to not be currently based at the NTC.
- A maximum of one retired may sit on the Committee at any given time.

Election

- Three representatives will be elected from among the Eligible Members to form the Athletes' Committee.
- Nominees for the position of Chair will run in their own category on the ballot; the individual who receives the most votes will be named Chair.
- All nominees running for chair on the Committee will be included in a second category to fill the remaining positions on the Athletes' Committee.
- The individual elected Chair will be removed from consideration for the other Committee positions within the committee.
- Election campaign will run 45 days prior to the election of the president of the board.
- Interested candidates to submit their names no later than 15 days prior to the election.
- The High-Performance Manager will confirm that each nominee is eligible to sit on the Athletes' Committee (either a current National Team athlete or is a National Team athlete that retired less than five years prior and remains in good standing).
- In the case of a tie during the election, the President of Judo Canada will decide on the candidate.

Order of Succession

Should any member of the committee be unable to complete their term for whatever reason, the President of Judo Canada will nominate a replacement. If a new chair is needed, the committee will select a chair for themselves.

Meetings

The Athletes' Committee will meet by telephone or in person, as required. Meetings will be as called by the Chair of the Athletes' Committee. Minutes shall be taken at all official meetings. All the members of the Athletes' Committee must be in attendance to achieve a quorum for voting purposes. The High-Performance Manager will attend each meeting of the Athletes' Committee. There will be at least one face-to-face meeting of the Athletes' Committee each year.

Resources

The Athletes' Committee will receive the necessary resources from JC to fulfill its mandate.

Reporting

The Athletes' Committee will report to the Board, in writing, at the request of the Board, a minimum of once per calendar year. The Athletes' Committee will report to the Members at the Annual General Meeting in the form of a written report.

Review and Approval

The Board of Directors will review these terms of reference every four years.

POLICY 20 - PERFORMANCES BONUS

Performances bonuses will be given to athletes that accomplish these results:

Olympic/Paralympic Games (Senior)

1st: \$15 000

2nd: \$12 500

3rd: \$10 000

Senior and IBSA World Championships

1st: \$10 000

2nd: \$7 500

3rd: \$5 000

POLICY 21 - TRAVEL EXPENSES REIMBURSEMENT

Expenses will only be reimbursed for approved National Team events and projects. Normally arrangements for travel and accommodations will have been made directly by Judo Canada. When in doubt, submit a written request for approval of an expense item to Judo Canada before the expense is incurred.

Expense claim forms can be obtained from the Judo Canada office. No expense form will be processed without proper receipts and documentation.

Transportation to and from airports: ground transportation to and from the athlete's home to the airport is not covered by Judo Canada.

Ground transportation: When a personal car is used for approved travel, the rate of reimbursement is \$0.50 per km.

Air transportation: all air travel is arranged through the Judo Canada office.

Under extenuating circumstances and with the approval of the National Coach, an athlete can request alternative travel dates. The change in the ticket must be done through Judo Canada. Any alterations to an athlete's ticket at the request of the athlete, which results in an additional cost, shall be at the athlete's expense and payable prior to the change in the ticket.

Athletes who miss a flight or do not attend an event, without just cause, will be responsible for all expenses incurred.

Meals:	Asia & Europe	\$55/day
	Other	\$50/day

Other costs: Other related travel costs, such as vaccinations, registration fees, and airport tax will be reimbursed.

POLICY 22 - UNIFORM

Introduction: A National Team uniform serves to identify individuals as members of Judo Canada will provide an important means to recognize corporate sponsors and suppliers.

Definition: For this policy, the national team uniform includes judogi, track suit, gym bags or other apparel supplied by Judo Canada.

Carded Athletes: As stipulated in the Carded Athlete Agreement, carded athletes are required to wear the national team uniform while attending any events or activities. Carded athletes will be provided a national team uniform free of charge.

Other Athletes: Non-carded athletes officially selected by Judo Canada to major international competitions, such as the Cadet, Junior or Senior World Championships, for example, will be provided a national team uniform and apparel free of charge. Athletes are required to wear the national team uniform while attending the event.

Compliance: Carded athletes and other members selected to major international competitions will be expected to maintain the uniform in a clean and presentable fashion always and to wear the appropriate uniform at the appropriate time. Judo Canada has a contractual obligation to corporate sponsors and suppliers to ensure that a uniform is worn for the purposes for which it was supplied. Replacement of damage or lost uniforms will be to the athletes' responsibility.

Authority: Judo Canada has the right to discipline members that fail to comply with this policy (See web link to Policy on Discipline Procedures page 45).

POLICY 23 - ATHLETE SPONSORSHIP

Any athlete seeking sponsorship, including goods, services or funding, must first advise Judo Canada and provide copies of documentation to be used. The athlete must not imply that any solicitation or sponsorship request is being made on behalf of Judo Canada or the National Team.

For any events, completely or partially funded by Judo Canada, no athlete shall obtain sponsorship on clothing, personal belongings or other items unless such sponsorship has received written approval of Judo Canada.

POLICY 24 - ATHLETES REQUESTING CHANGE OF NATIONALITY

Judo Canada will NOT sign a release for athletes requesting a switch of nationality to compete internationally (IJF circuit) if they have met one of the following standards:

- Have been carded in the past.
- Have competed for Canada at Junior and/or Senior World championships.

- Have been funded for international events within the past three years.