



Judo Canada

4141, avenue Pierre-De Coubertin
 Montréal, QC, H1V 3N7
 Tél: 514-255-JUDO (5836) / Fax: 877-893-5836



- Athletes, coaches and chaperones must register via the following link:
[Winter National Training Camp – 2023 – Judo Canada](#)

(athletes who are part of the FULL TIME group of Judo Canada do not need to register)

The deadline for registration is December 14, 2022. No entries will be accepted after this date.

- Athletes, coaches and attendants, wishing to have access to the training area, must be fully vaccinated (2 doses). The proof of vaccination must be uploaded in the registration form.

Monday, January 2	Tuesday, January 3	Wednesday, January 4	Thursday, January 5	Friday, January 6
	9:30-11:00 Judo -Newaza randori & drill	9:30-11:00 Judo - techniques	9:30-11:00 Judo -Newaza randori & drill	9:30-11:00 Judo - techniques
17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	Judo Québec Camp
Lundi, 9 janvier	Mardi, 10 janvier	Mercredi, 11 janvier	jeudi, 12 janvier	vendredi, 13 janvier
9:30-11:00 Judo - techniques	9:30-11:00 Judo -Newaza randori & drill	9:30-11:00 Judo - techniques	9:30-11:00 Judo -Newaza randori & drill	9:30-11:00 Judo - techniques
17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill	17:30-19:30 Judo- Tachiwaza & Drill

Les programmes de Judo Canada sont financés en partie par le gouvernement du Canada.

www.judocanada.org

The programs of Judo Canada are funded in part by the Government of Canada.

www.judonationals.org

