

End of Season Questionnaire Template

Note: We strongly suggest that you use an online tool like SurveyMonkey; Google Form; or Microsoft Form.

Dear participants,

This questionnaire is intended to evaluate the quality of our judo programs. Your feedback is greatly appreciated.

All information submitted is confidential, however, you have an option to make your responses and suggestions public.

1) Personal information:

- a. Participant's name (optional):
- b. Coach's name:
- c. Are you the participant in the program or a parent (legal guardian) of a child participating in judo?

Note: All responses to questions are in the first person so if you are a parent/guardian you respond on behalf of your child.

- d. If you are a judoka, please specify the following:
 - i. Gender: M/F/Other
 - ii. Age:
 - iii. Grade/Belt colour:
 - iv. Years of judo practice:
- e. Do you plan to continue judo next season? Yes/No

If the response to the above question is NO, please comment on the reason for such decision:



2) All responses to the following questions are in a four points scale. Please choose your response from the available:

4 – STRONGLY AGREE

3 – AGREE

2 - DISAGREE

1 – STRONGLY DISAGREE

- | | | | | |
|--|---|---|---|---|
| a. The club environment was inclusive and welcoming. | 4 | 3 | 2 | 1 |
| b. Access to the program is affordable and barrier free. | 4 | 3 | 2 | 1 |
| c. The activities were Fun and Fair. | 4 | 3 | 2 | 1 |
| d. The frequency and attendance of the program were adequate | 4 | 3 | 2 | 1 |
| e. The facilities were safe; the space is suitable, clean, well lit, and well maintained. | 4 | 3 | 2 | 1 |
| f. The facility has policies and information readily available addressing bullying, harassment, emotional, physical and sexual misconduct, concussions, etc. | 4 | 3 | 2 | 1 |
| g. The goals of the program were clearly communicated to the participants at the beginning of the season. | 4 | 3 | 2 | 1 |
| h. The program is centred on the needs of the individual participant. | 4 | 3 | 2 | 1 |
| i. The program considered the ability, age, size, and maturity when grouping participants. | 4 | 3 | 2 | 1 |
| j. All participants are actively engaged in the activities and fully included by teammates. | 4 | 3 | 2 | 1 |
| k. The program offered a holistic vision of development and covered mental (intellectual and emotional), physical, cultural and spiritual aspects. | 4 | 3 | 2 | 1 |
| l. The program offered progressive and challenging activities. | 4 | 3 | 2 | 1 |
| m. The program offered options to make an activity more or less challenging based on participants' skills and capabilities. | 4 | 3 | 2 | 1 |
| n. The program was well planned. | 4 | 3 | 2 | 1 |
| o. The program leaders emphasized skill and character development over winning. | 4 | 3 | 2 | 1 |
| p. The programs developed a variety of fundamental movement skills in addition to the sport-specific skills | 4 | 3 | 2 | 1 |
| q. The program offered access to meaningful competition. | 4 | 3 | 2 | 1 |
| r. Leaders of the program were caring and knowledgeable. | 4 | 3 | 2 | 1 |
| s. Leaders of the program acted ethically and in the best interest of individual participants. | 4 | 3 | 2 | 1 |
| t. Leaders of the program demonstrated good social, communication, and leadership skills. | 4 | 3 | 2 | 1 |
| u. Leaders of the program communicated equitably and clearly and involved participants in discussion and feedback. | 4 | 3 | 2 | 1 |

3) Any additional comments that could help us improve our program?