

AGE AND WEIGHT DIVISION STANDARDS 2023-2024

September 1, 2023



Judo Canada's programs are sponsored in part by Sport Canada

Table of contents

Age and weight division standards 2023-2024	3
Introduction U8, U10, U12	3
U8	3
U10	
U12	
U14	
U16	
U18	
U21	
SR	
Veteran	

- 2 -

AGE AND WEIGHT DIVISION STANDARDS 2023–2024

As per the IJF regulations, Age refers to THE AGE AS OF DECEMBER 31st; however, for events taking place in Canada in the first four months of the season (September through December), the age is calculated as of December 31st, of the second calendar year of the season. For example for the season starting on Sept 1, 2023, and ending on Aug 31, 2024, the age will be calculated as per the age of the member on December 31, 2024.

INTRODUCTION U8, U10, U12

For the age groups of U8, U10 and U12, the mandatory competition format is:

- Round robin of 3 or 4 competitors ideally. Exceptionally round robin of 2 or 5.
- No weight classes, children are paired with closest weight with a maximum of 15% weight difference.
- Gender: Mixed for U8; Separated for U10 and U12; In exceptional circumstances gender can be mixed in the U10 division providing that parental agreement is in place.
- Hybrid age groups (U9 and U11) can be used at the discretion of the tournament director. If such hybrid age groups are employed, the year of birth of competitors must be 2 consecutive years —
 i.e.:
 - U9— For season 2023/24 children born in 2016 and 2017 (rules of U10 will apply)
 - U11 For season 2023/24 children born in 2014 and 2015. (Rules of U12 will apply.)

U8

For the season 2023/24 children born in 2017 and later

U10

For the season 2023/24 children born in 2015 and 2016

U12

For the season 2023/24 children born in 2013 and 2014

Canad

U14

U14	
Male	Female
For the season 2023/24 children born in 2011 and 2012	
Up to and including 32 kg	Up to and including 30 kg
+32 kg up to and including 35 kg	+30 kg up to and including 33 kg
+35 kg up to and including 38 kg	+33 kg up to and including 36 kg
+38 kg up to and including 42 kg	+36 kg up to and including 40 kg
+42 kg up to and including 46 kg	+40 kg up to and including 44 kg
+46 kg up to and including 50 kg	+44 kg up to and including 48 kg
+50 kg up to and including 55 kg	+48 kg up to and including 52 kg
+55 kg up to and including 60 kg	+52 kg up to and including 57 kg
+60 kg up to and including 66 kg	+57 kg up to and including 63 kg
more than 66 kg	more than 63 kg

U16

U16	
Juvenile Male	Juvenile Female
For the season 2023/24 children born in 2009, 2010 and	
2011*	
up to 38 kg	up to 36 kg
more than 38 kg and up to 42 kg	more than 36 kg and up to 40 kg
more than 42 kg and up to 46 kg	more than 40 kg and up to 44 kg
more than 46 kg and up to 50 kg	more than 44 kg and up to 48 kg
more than 50 kg and up to 55 kg	more than 48 kg and up to 52 kg
more than 55 kg and up to 60 kg	more than 52 kg and up to 57 kg
more than 60 kg and up to 66 kg	more than 57 kg and up to 63 kg
more than 66 kg and up to 73 kg	more than 63 kg and up to 70 kg
more than 73 kg	more than 70 kg



- 4 -

U18

U18	
Cadet Female	
For the season 2023/24 athletes born in 2007, 2008, 2009 and 2010*	
up to 40 kg	
more than 40 kg and up to 44 kg	
more than 44 kg and up to 48 kg	
more than 48 kg and up to 52 kg	
more than 52 kg and up to 57 kg	
more than 57 kg and up to 63 kg	
more than 63 kg and up to 70 kg	
more than 70 kg	

* For Early bloomers athletes approved by JC

U21

U21	
Junior Male	Junior Female
For the season 2023/24 athletes born in 2004, 2005, 2006, 2007, 2008 and 2009**	
up to 60 kg	up to 48 kg
more than 60 kg and up to 66 kg	more than 48 kg and up to 52 kg
more than 66 kg and up to 73 kg	more than 52 kg and up to 57 kg
more than 73 kg and up to 81 kg	more than 57 kg and up to 63 kg
more than 81 kg and up to 90 kg	more than 63 kg and up to 70 kg
more than 90 kg and up to 100 kg	more than 70 kg and up to 78 kg
more than 100 kg	more than 78 kg

SR

SR	
Senior Male	Senior Female
For the season 2023/24 athletes born in 2009 and	
earlier**	
up to 60 kg	up to 48 kg
more than 60 kg and up to 66 kg	more than 48 kg and up to 52 kg
more than 66 kg and up to 73 kg	more than 52 kg and up to 57 kg
more than 73 kg and up to 81 kg	more than 57 kg and up to 63 kg
more than 81 kg and up to 90 kg	more than 63 kg and up to 70 kg
more than 90 kg and up to 100 kg	more than 70 kg and up to 78 kg
more than 100 kg	more than 78 kg
OPEN weight division	OPEN weight division

** Early bloomers permitted from 2010

VETERAN

VETERAN		
2023/24 Season — Age Divisions		
Divisions	Years born	
F1/M1	1994-1990	
F2/M2	1989-1985	
F3/M3	1984-1980	
F4/M4	1979-1975	
F5/M5	1974-1970	
F6/M6	1969-1965	
F7/M7	1964-1960	
F8/M8	1959-1955	
F9/M9	1954-1950	
F10/M10	1949-1945	
F11/M11	1944 and earlier	

VETE	RAN	
2023/24 Season — Weight Divisions		
Time D	uration	
3 minutes for age d	ivisions 1 through 6	
-	division 7 and older	
no limit Golden score.		
1-minute GS for M7 and older age divisions. This age division is not conducted at the National Championships. In case athletes of this and older age group enter the event and the fight is not concluded within 1 minute of the Golden Score, the winner will be declared as per the following IJF suggested solution: "If a tie exists at the end of the one-minute Golden Score the Central Referee in consultation with the Table Jury will agree on a final decision to select the winner (without calling Hantei)" Minimum Rank for a national-level event is a blue belt.		
Veteran Men	Veteran Woman	
up to 60 kg	up to 48 kg	
more than 60 kg and up to 66 kg	more than 48 kg and up to 52 kg	
more than 66 kg and up to 73 kg	more than 52 kg and up to 57 kg	
more than 73 kg and up to 81 kg	more than 57 kg and up to 63 kg	
more than 81 kg and up to 90 kg	more than 63 kg and up to 70 kg	
more than 90 kg and up to 100 kg	more than 70 kg and up to 78 kg	
more than 100 kg	more than 78 kg	
OPEN weight division	OPEN weight division	



- 7 -